

## Project Update

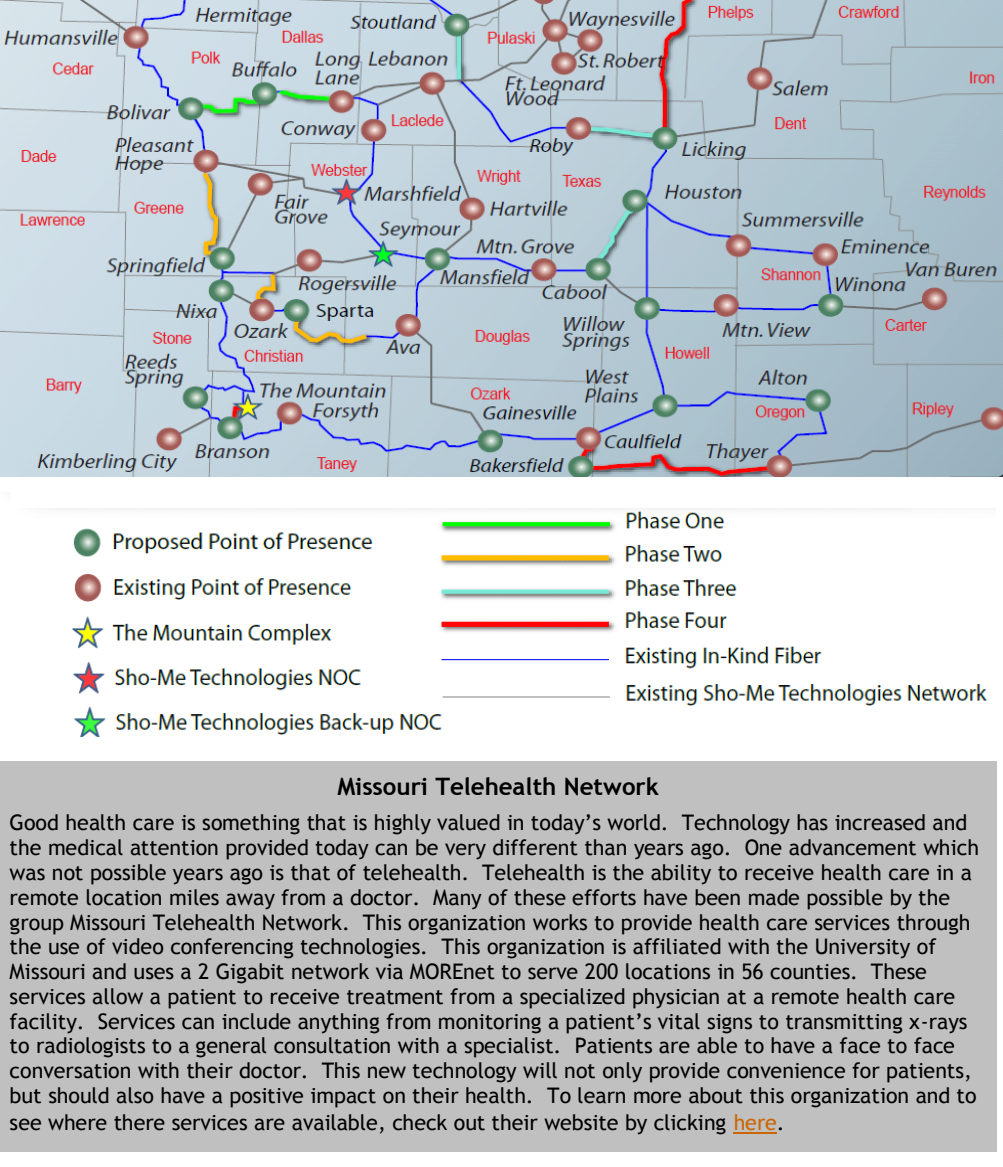
Weekly Update

January 2, 2012

This week's construction updates are as follow:

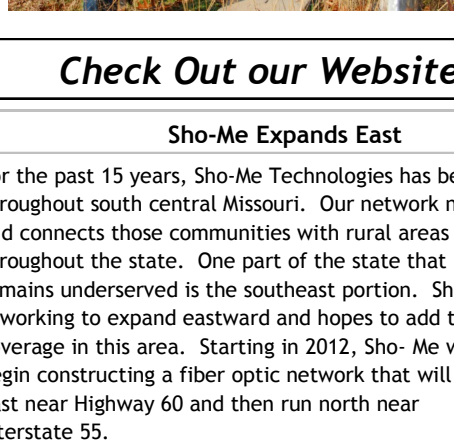
- Sedalia to Cross Timbers: All 54 miles of innerduct have been installed with 43.18 miles of the fiber optics installed within the innerduct
- Jefferson City to California: 39 miles of the 39 mile innerduct installation is complete and 12.23 miles of fiber optics have been blown into the innerduct
- Vienna Linn to Hermann: 68.97 miles of the 70 mile build are complete with fiber installation to begin January 3, 2012
- Hermann to Washington to Bem: 300 feet of innerduct has been installed

Below we have included new pictures of fiber jetting taking place in the Warsaw and Sedalia areas. DamonAlso included is a write up about the Missouri Telehealth Network. This group is transforming the way Missourians can receive healthcare. In addition to our latest website post which discusses our move to expand our fiber footprint in southeast Missouri. Please let us know if you have any questions or need additional information.



### Missouri Telehealth Network

Good health care is something that is highly valued in today's world. Technology has increased and the medical attention provided today can be very different than years ago. One advancement which was not possible years ago is that of telehealth. Telehealth is the ability to receive health care in a remote location miles away from a doctor. Many of these efforts have been made possible by the group Missouri Telehealth Network. This organization works to provide health care services through the use of video conferencing technologies. This organization is affiliated with the University of Missouri and uses a 2 Gigabit network via MOREnet to serve 200 locations in 56 counties. These services allow a patient to receive treatment from a specialized physician at a remote health care facility. Services can include anything from monitoring a patient's vital signs to transmitting x-rays to radiologists to a general consultation with a specialist. Patients are able to have a face to face conversation with their doctor. This new technology will not only provide convenience for patients, but should also have a positive impact on their health. To learn more about this organization and to see where these services are available, check out their website by clicking [here](#).



Check Out our Website @ [www.shometech.com](http://www.shometech.com)

#### Sho-Me Expands East

For the past 15 years, Sho-Me Technologies has been working to expand our fiber optic network throughout south central Missouri. Our network now spans through the state's three largest cities and connects those communities with rural areas throughout the state. One part of the state that remains underserved is the southeast portion. Sho-Me is working to expand eastward and hopes to add to the coverage in this area. Starting in 2012, Sho-Me will begin constructing a fiber optic network that will span east near Highway 60 and then run north near Interstate 55.

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